



**UNIVERSITY OF
STIRLING**

DEPARTMENT OF SPORTS STUDIES

**LECTURER IN SPORT, HEALTH AND EXERCISE
SCIENCE**

REF: 16265

The University

Few universities can equal the opportunities offered by Stirling. It is quite simply a great place to live and work.

While we are right in the heart of Scotland, we have an ambitious global outlook. With highly respected teaching, world-class facilities and committed colleagues, Stirling is one of the UK's leading research universities in the fields of health and wellbeing, environment, culture and society, enterprise and the economy, and sport. Add to that an innovative spirit, and it is easy to see why Stirling is the ideal environment for motivated individuals to realize their aspirations.

The Stirling campus is one of the most beautiful in the world. It is set within the ancient and magnificent 310 acre Airthrey estate, close to Bridge of Allan and some two miles from Stirling city centre. The MacRobert Arts Centre, the Stirling Management Centre, the 18th century Airthrey Castle and outstanding sports facilities all combine to make this an enviable and unique place to work.

Inclusivity and friendliness characterize Stirling's culture which is what makes it such an attractive environment for our 11000 students and 2000 staff, and is why people from all over the world choose to work and learn with us.

Our Highland Campus is based in Inverness and the Western Isles Campus is in Stornoway. Both are leaders in teaching and research for nursing and midwifery.

Stirling and the Surrounding Area

Dramatically positioned at the geographic and historic heart of Scotland where Lowlands and Highlands meet, the city of Stirling has a reputation as one of the most attractive places to live in the UK.

The city has excellent direct rail and road links to the rest of Scotland and the UK. London and other major European cities are just a short flight from either Edinburgh or Glasgow airports, both of which are less than an hour's drive away.

On the practical side, schools in the Stirling area have a very good reputation and there is a Health Centre on campus with local dentists and hospitals all within easy reach.

A fascinating mix of the old and new, Stirling is bustling with activity. The area offers a great lifestyle with excellent cultural, shopping and sporting activities on your doorstep, not to mention the some of Scotland's most stunning countryside. For more information, visit <http://www.visitstirling.org/>

Scotland's University for Sporting Excellence

Recently designated Scotland's University for Sporting Excellence, Stirling has some of the finest sports facilities on a single site in the U. K., including the National Swimming Academy and the Gannochy National Tennis Centre. Other facilities include our own golf course and golf academy, a state-of-the-art fitness centre and arenas for major indoor and outdoor sports. The campus houses the Headquarters of the Scottish Institute of Sport and the Commonwealth Games Council for Scotland.

Research, Scholarship and Enterprise

World-class research and the highest quality student learning experience define the University's mission. In our first 40 years conducting research that improves peoples' lives we have won numerous accolades for making a vital contribution to the economic, social and cultural life of Scotland and beyond. Collaboration and innovation across traditional academic divisions are the key to our record of success.

Academic Excellence at the Heart of Scotland

The University of Stirling is a charity registered in Scotland number SC 011159

www.stir.ac.uk

FURTHER PARTICULARS

The post of Lecturer in Sport, Health & Exercise Science in the Department of Sports Studies is offered as an open ended full-time appointment and will be line managed by the Head of Department of Sports Studies.

The successful applicant will be expected to have evidence of internationally excellent quality research outputs in high impact journals. It is anticipated that the lecturer's research interests will relate to or complement current work in the Department's Sport, Health and Exercise Science group and this may include undertaking innovative projects in nutrition and muscle metabolism, neuromuscular function, or interactions between physical activity and cardiovascular and metabolic health. It is anticipated that the successful applicant will be able to undertake studies at a whole body and cellular/molecular level. Evidence of prior grant funding and/or potential to generate new research income will be required

In addition he/she will contribute to the Department's undergraduate teaching and conduct Masters and doctoral supervision in Sport, Health and Exercise Science.

The Department of Sports Studies

The University of Stirling is one of a small group of British higher education institutions with an international reputation for sport. This has been achieved by pursuing research to an international standard, delivering high quality and innovative programmes of teaching at undergraduate and postgraduate level, and providing first class facilities and services for sport and exercise. Stirling has brought together all of these activities within an integrated, academic-led Department of Sports Studies.

The University has demonstrated its commitment to sport over a number of years, commitment which was recognised by the Scottish Government and the Scottish Funding Council in its designation of Stirling as Scotland's University for Sporting Excellence in 2008. This designation positions Stirling at the centre of a national network of excellence, providing training and support for high performance athletes studying at universities and colleges across Scotland.

Sport continues to be central to the University's strategic vision and priorities and the University is committed to build on its growing reputation and strength in sport, to use sport to raise its general profile and reputation and to use sport as a platform to project its various strengths to both national and international audiences. The University's Research and Knowledge Transfer Strategy has identified sport as one of a number of areas in which it seeks to be a research leader, looking to position itself unequivocally as the leading sports research university in Scotland and recognised as one of the elite sports universities in the UK with broad international reputation and reach. The existing quality of sports research in the Department was evidenced in the 2008 Research Assessment Exercise where it was ranked 1st in Scotland and 5th in the UK, with 85% of research outputs classed as of international standard.

The University's commitment to the strategic development of sport is evidenced in its appointment of two new Professors, one in Sport, Health and Exercise Science (Professor Kevin Tipton, in post from July 2010) and a second in Sports Management (Professor Leigh Robinson, in post from September 2010). This appointment in Sport, Health and Exercise Science will complement and develop departmental research strengths in sport, health and exercise science.

The existing academic staff in the Department are interested in research on:

- strategies for increasing muscle anabolism in athletes and exercising individuals.
- strategies for reducing muscle catabolism in populations that suffer from muscle loss;
- nutrition and exercise training effects on muscle metabolism in health and disease ;
- physical activity and obesity in adults and children;
- neuromuscular function in health and disease (ageing / MS / athletes);

There are currently nine postgraduate research students working with the current staff and one-postdoctoral research fellow. In addition staff in the Sports Development Service undertake applied sports science activities, both for students on sports scholarships and for external organisations. The Sport, Health and Exercise Science group have exclusive use of a refurbished collection of laboratories in the Cottrell building for research and teaching. These include separate analytical, body composition, physiology and nutrition research laboratories as well as an exercise intervention / teaching laboratory. In addition, in conjunction with the sportscotland Institute of Sport, academic staff will have use of refurbished laboratory facilities and equipment in the Gannochy Sports Centre.

Collaborative research and knowledge transfer opportunities exist within the University, in particular with the School of Nursing and Midwifery, given both the affinity between research interests in the two departments and the potential for involvement in the next phase of the Centre for Health Science and related developments in Inverness.

In teaching the University offers one of the broadest ranges of programmes involving sport in the UK. At undergraduate level the Honours degree in Sports Studies is designed around three knowledge streams: Sport, Health and Exercise Science; Sports Policy and Management; and Sport, Culture and Society, offering a breadth of knowledge from which students can specialise in Honours years. More specialised degrees in Sport and Exercise Science and in Sports Studies, Physical Education and Professional Education are offered jointly with the School of Biological and Environmental Sciences and the Institute of Education respectively. In addition Sports Studies can also be studied in a combined programme with several other subjects, ranging from Psychology to Film and Media.

At postgraduate level the Department offers taught MSc programmes in Sports Management and Sports Coaching, as well as an MSc conversion in Sports Nutrition which is a dissertation only MSc available to students who have completed the IOC (International Olympic Committee) Postgraduate Diploma in Sports Nutrition.

Further details on the Department are available at <http://www.sports.stir.ac.uk/>

Post specification

	Essential	Desirable
Qualifications	PhD in a relevant research area.	Post-doctoral research training.
Experience	<p>Research Excellent research motivation and evidence of research and publication potential</p> <p>Evidence of internationally excellent quality research outputs in high impact journals.</p> <p>Ability to supervise research postgraduate students</p> <p>Desire and potential to raise research grant income</p> <p>Teaching Teaching experience at undergraduate and/or postgraduate level</p> <p>Academic management Potential to contribute effectively and efficiently in academic administrative roles</p>	<p>Prior grant application experience or successful funding bids.</p> <p>Research interests in muscle physiology aligned to those of staff in the Sport, Health and Exercise science research group.</p>
Skills and knowledge	<p>The ability to develop research ideas that fit within the group's research strategy</p> <p>The ability to take the lead on supervision of undergraduate and postgraduate research student projects</p> <p>Potential to contribute fully to curriculum development and management</p> <p>Excellent laboratory skills</p> <p>Good inter-personal skills.</p>	<p>The ability to contribute to the wider national and international collaborative network of the Sport, Health & Exercise Science research group</p> <p>Ability to apply new cellular/molecular techniques to muscle physiology research.</p>

Personal qualities	Evidence of goal orientation and achievement Positive attitude Self motivated Time management skills and ability to prioritise workload	Creative and innovative approach to teaching and research
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Application Procedure

The University has responsibilities in respect of students, and applicants are required to disclose any criminal convictions. Road Traffic offences need not be disclosed unless the post involves the driving of University vehicles. If you have any criminal convictions which are not “spent” (in terms of the Rehabilitation of Offenders Act) details should be given on the attached recruitment form.

Applicants should state their nationality (this is required for work permit purposes only), and whether any member of their immediate family is employed by the University giving name, position and relationship.

The University is committed to ensuring the safety of vulnerable people and our recruitment process is designed to support this. The successful applicant for this post will be subject to a Disclosure Scotland check.

Presentation: You will be asked to give a 20 minute presentation to staff in the Department on your research and how this could link to the teaching and research work that is already being done in the Sport, Health and Exercise Science research group at the University of Stirling.

This is an open ended full-time appointment with the post being available from 1 September 2010 or a mutually agreeable date. Salary for a Lectureship appointment will be within Grade 7 (£29,853 - £35,646 p.a.) and Grade 8 (£36,715 - £43,840 p.a.).

Informal enquiries may be made to Mr Stephen Morrow, Head of Department of Sports Studies, University of Stirling, Stirling FK9 4LA. 01786 466495 or Dr. Stuart Galloway on 01786 466494 (sdrg1@stir.ac.uk).

If you have any queries regarding your application, for example when the shortlisting/interviews will take place please contact Barbara Kettlewell, Administrator, Department of Sports Studies, University of Stirling, Stirling FK9 4LA direct on 01786 466489.

Please complete the attached recruitment form and return it with your full CV, a letter of application and the names of three referees who can comment on your suitability for the post to HR & OD Department, University of Stirling, Stirling, FK9 4LA, email: hr-services@stir.ac.uk.

Closing date for applications: Wednesday, 5th May 2010 at 12 noon. It is anticipated that interviews will be held on Monday 7 June 2010.

Sending your application: Please note that applications should be sent either by email or by post. If you have emailed your application please do not send an additional hard copy by post.

Receipt of your application: Emailed Applications should be automatically acknowledged within 24 hours. If you do not receive an automated reply within this time please contact Angela Sinclair on 01786 467136. If you are sending your application form in the post and wish to receive an acknowledgement, please include a SAE with your application form.

Late Applications: Please be aware applications received after the closing date will not be accepted.

As part of your application please ensure that you have fully completed and enclosed the following documents:

- Application Form
- CV
- Equal Opportunities Monitoring Form
- Criminal Convictions Form

Failure to provide these documents as part of your application may result in the delay or non-processing of your application.

An Equal Opportunities Employer

EQUAL OPPORTUNITIES MONITORING FORM

Personal Details		
Name:	Department: Sports Studies	Post Reference Number: 16265

The University of Stirling wishes to promote equal opportunities in all its employment practices. To do so, information is asked of candidates and employees which will help us to eliminate any practices which may be discriminatory.

HR will separate the form upon receipt, from your application form. It will not therefore be available to the interview panel and will not be used to assess your suitability for employment.

The information you provide will be handled in strictest confidence and will only be used for statistical monitoring purposes.

Gender	
What is your gender identity? Male <input type="checkbox"/> Female <input type="checkbox"/> Other gender identity <input type="checkbox"/> I prefer not to answer this question <input type="checkbox"/>	Is your gender identity the same as the gender you were originally assigned at birth? Yes <input type="checkbox"/> No <input type="checkbox"/> I prefer not to answer this question <input type="checkbox"/>

Disability	
Do you consider yourself to be disabled as defined under the Disability Discrimination Act? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes please indicate what type of disability you have in the boxes below.	
Blind or serious visual impairment <input type="checkbox"/> Cognitive Impairment <input type="checkbox"/> Deaf or serious hearing impairment <input type="checkbox"/> General Learning Disability <input type="checkbox"/> Long Standing Illness or Health Condition <input type="checkbox"/>	Mental Health Condition <input type="checkbox"/> Other type of Disability <input type="checkbox"/> Physical Impairment or Mobility Issues <input type="checkbox"/> Specific Learning Disability <input type="checkbox"/> Prefer not to disclose type of disability <input type="checkbox"/>

Nationality.....

Ethnicity		
Asian, Asian Scottish or Asian British Bangladeshi <input type="checkbox"/> Chinese <input type="checkbox"/> Pakistani <input type="checkbox"/> Indian <input type="checkbox"/> Other Asian background <input type="checkbox"/>	Black or Black British African <input type="checkbox"/> Caribbean <input type="checkbox"/> Other Black background <input type="checkbox"/> White Scottish <input type="checkbox"/> Other British <input type="checkbox"/> Irish <input type="checkbox"/> Other White background <input type="checkbox"/>	Mixed White and Black African <input type="checkbox"/> White and Black Caribbean <input type="checkbox"/> White and Asian <input type="checkbox"/> Other Mixed background <input type="checkbox"/> Other Ethnic Background <input type="checkbox"/> Prefer not to answer <input type="checkbox"/>

Caring Responsibility
Do you have caring responsibilities (i.e. are you the primary caregiver to a child or children, or other dependents including disabled, elderly or sick adults)? Yes <input type="checkbox"/> No <input type="checkbox"/> I prefer not to answer this question <input type="checkbox"/>

Sexual Orientation & Religion or Belief	
Sexual Orientation Bisexual <input type="checkbox"/> Gay Man <input type="checkbox"/> Gay Women/Lesbian <input type="checkbox"/> Heterosexual/Straight <input type="checkbox"/> Other <input type="checkbox"/> Prefer not to say <input type="checkbox"/>	Religion or Belief Buddhist <input type="checkbox"/> Christian; <input type="checkbox"/> Roman Catholic <input type="checkbox"/> Protestant <input type="checkbox"/> Other..... <input type="checkbox"/> Hindu <input type="checkbox"/> Jewish <input type="checkbox"/> Muslim <input type="checkbox"/> Sikh <input type="checkbox"/> Another Religion <input type="checkbox"/> Please provide details..... <input type="checkbox"/> No religion or belief <input type="checkbox"/> Prefer not to answer <input type="checkbox"/>

Age
My date of birth is: Day: Month: Year:

Please return the original form of this form, together with your completed acceptance form to: The HR & OD Department, The University of Stirling, Stirling, FK9 4LA

**STRICTLY CONFIDENTIAL****REHABILITATION OF OFFENDERS ACT DECLARATION FORM**

ENHANCED DISCLOSURE SCOTLAND CHECK REQUIRED: YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>	POSITION APPLIED FOR: Lecturer in Sport, Health and Exercise Science Ref: 16265
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The University is committed to selecting people for employment on the basis of their individual skills, abilities, experience, knowledge and, where appropriate, qualifications and training. We will not, therefore, automatically refuse to employ a particular individual just because he/she has a previous criminal conviction, but will assess the relevance of any offence to the particular post in question in order to ensure our duty of care to other staff, students and third parties.

Under the Rehabilitation of Offenders Act 1974, an individual who has a conviction for a criminal offence is, after a specified time, allowed to treat the conviction as if it never occurred (i.e. spent). However, there are certain exceptions to this rule as detailed in the Exemptions Order 1975. The University has a number of posts (will be detailed above as requiring an Enhanced Disclosure check) which require applicants to make a full declaration, prior to interview, of all convictions including those spent. These declarations are subsequently checked with Disclosure Scotland.

When completing this application form, you must declare the following;

- For posts that require an Enhanced Disclosure Scotland check please declare if you have ever had any convictions (including spent and unspent convictions)
- For posts that require either a Standard or Basic Disclosure check please only declare unspent convictions

Please note: any conviction, which resulted in a sentence of more than 30 months, will always be considered as “unspent” and therefore, must be declared.

If you are declaring any convictions, full details should be given in the box below in the same format as the following example ;

e.g. Conviction –	Driving Offence -	Speeding
	Sentence -	3 Penalty Points
	Date of Sentence -	01/03/08

Road Traffic offences need not be disclosed unless the post involves the driving of University vehicles

Do you have any criminal convictions which are not “spent” in terms of the Rehabilitation of Offenders Act 1974 (see following page for details): YES NO

DETAILS OF CRIMINAL CONVICTIONS:**Declaration**

I declare that, to the best of my knowledge, the information given on this form is true and correct. I understand and agree that if I am appointed to the University’s staff after having made a false statement my appointment may be terminated. .

Signature:**Date:****Name (Please Print):**

**Please return the original of this form, together with your completed application to:
HR & OD Department, The University of Stirling, Stirling, FK9 4LA**



REHABILITATION OF OFFENDERS ACT 1974

Below you will find information that will assist you in deciding whether your conviction(s) are spent or unspent (current).

- ◆ The ROA enables some criminal convictions to be ‘spent’ or forgotten (for the purpose of employment) after a rehabilitation period.
- ◆ The length of the rehabilitation period depends on the sentence given, not the offence committed.
- ◆ Sentences of more than 2½ years can never become spent and have to be declared.
- ◆ Some types of employment are exempt from the ROA and applicants are required to disclose all of their convictions, spent and unspent. The employer has to state on the application form that the job applied for has exempted status under the Exemptions Order 1975.

Jobs with exempted status include: Work involving vulnerable groups e.g. children under 18 years of age

Examples of sentences and their corresponding rehabilitation periods:

SENTENCE	REHABILITATION PERIOD	
	People aged 18 or over at time of sentence	People aged under 18 at time of sentence
Prison sentence of 6 months or less	7 Years	3½ Years
Prison sentence of more than 6 months up to 2½ years	10 Years	5 Years
Probation	5 Years	2½ Years
Fine, Community Service, Supervised Attendance Order	5 Years	2½ Years
Absolute Discharge, Admonishment	6 Months	6 Months

Working out when a sentence will be spent:

<u>Sentence</u>	<u>Age</u>	<u>Date of Sentence</u>	<u>Rehab Period</u>	<u>Date Sentence will be spent</u>
<i>Fine</i>	<i>19</i>	<i>May 2004</i>	<i>5 Years</i>	<i>May 2009</i>

Please note: If you have been sentenced in front of a jury for an offence which has been committed during a previous rehabilitation period, you may find that the second conviction makes the first rehabilitation period longer.

Example of an extended rehabilitation period:

<u>Sentence</u>	<u>Age</u>	<u>Date of Sentence</u>	<u>Rehab Period</u>	<u>Date Sentence will be spent</u>
<i>Fine</i>	<i>19</i>	<i>May 2004</i>	<i>5 Years</i>	<i>May 2009*</i>
<i>Prison 10 months</i>	<i>21</i>	<i>July 2006</i>	<i>10 Years</i>	<i>July 2016</i>

* The first date of May 2009 will now be extended to July 2016; both sentences will now be spent in July 2016.



**UNIVERSITY OF
STIRLING**

APPLICATIONS FOR EMPLOYMENT

PROTECTION OF PERSONAL DATA

The University is committed to full compliance with the requirements of the Data Protection Act 1998 (the Act) as currently in force, or any successor legislation. The personal information which you disclose to us as part of the recruitment process will be used only for the purposes of that process and will be disclosed only to duly appointed members of the selection panel and relevant office staff. The University may have enclosed an Equal Opportunities Monitoring form for completion with the application form, any sensitive personal information given on the monitoring form will not be disclosed to the selection panel and will be used only for monitoring purposes, with the sole exception that, if you are invited to interview, information about disability may be used by office staff to ensure that adequate access and other relevant arrangements are made for you.

If your application is successful and you accept an offer of employment, the application form, references and any other information you supply will be used to form the basis of our personnel record and for statutory purposes. You will have right of access to all such material as provided by the Act. All copies made for the purposes of the recruitment process will be destroyed immediately after an appointment has been made. On becoming a member of staff of the University you would be given further information about our policy on use of personal information about employees for official purposes.

If your application is unsuccessful your personal information will be retained securely for nine months by the University and then confidentially destroyed. All copies made for the purposes of the recruitment process will be destroyed immediately after an appointment has been made.



DIVERSITY AND EQUAL OPPORTUNITY POLICY STATEMENT

The University of Stirling aims to integrate diversity and equal opportunity into all its activities from key decisions on its mission and strategic objectives through to day-to-day operations. It does not tolerate discrimination on the grounds of gender, race, disability, age, religion and belief, sexual orientation or other irrelevant distinction and is committed to working with diversity in a wholly positive way to promote understanding, equality and inclusiveness. All staff and students (whether existing or potential) and visitors to our campuses should receive fair and equal treatment whatever their relationship with the University. We therefore have policies in place to ensure this in relation to:

- research
- recruitment and admissions
- learning and teaching
- the management of human and other resources
- commercial operations
- communications

The impact of these policies is monitored and assessed and the outcomes from these analyses published regularly. The University actively seeks the views and opinions of members of its community and liaises with external bodies, representative groups and users on the effectiveness and development of these policies. All individuals and organisations with which the University has a contractual arrangement are expected to accept the principle of equal opportunity and not to be party to situations which could lead to unfair discrimination.

HR SERVICES

APPLICATION FORM



**UNIVERSITY OF
STIRLING**

STRICTLY CONFIDENTIAL

Please complete the details below, which are required for recruitment purposes and attach a copy of your *Curriculum Vitae* together with a letter of application

Post Title: Lecturer in Sport, Health and Exercise Science	Department: Sports Studies
Ref: 16265	

Where did you see this vacancy?	
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Surname	First Name	Middle Name	Title
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Home Address:

Email Address:

Post Code	Tel No	National Insurance Number
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Are you currently employed by the University of Stirling : **YES/NO**

If any members of your immediate family are employed by the University, please give their name, relationship and post

EDUCATION -1 ST Degree	Subject(s)	University/College - Date Attended

Higher Degree	Subject(s)	University /College - Date Attended

Higher Diploma	Subject(s)	University/College - Date Attended

Other Professional Qualifications

PRESENT/LAST EMPLOYMENT

Name of Employer & Position Held:

Present or last salary:

Next Salary Review Date & Salary expected at review:

Please give minimum notice period required by your employer

REFERENCES: The University requires to consult referees before making appointments and the referees should preferably be past employers or colleagues who have experience of your work, one of whom should be your current or most recent employer. If you have changed your name since knowing the referee, please state the name by which you will be known.

CURRENT/MOST RECENT EMPLOYER

Name:

Position:

Address:

Tel No:

Email Address:

Name:

Position:

Address:

Tel No:

Email Address:

Name:

Position:

Address:

Tel No:

Email Address:

DECLARATION

In order to work in the UK, at the University of Stirling, I **will / will not** need a work permit (delete as appropriate).

I declare that the statements I have made on this form are to the best of my knowledge true and complete.

Signed..... Date