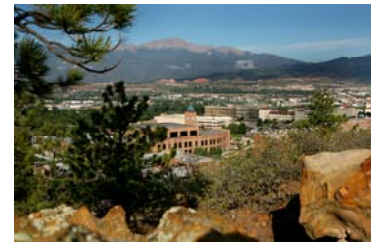


UNIVERSITY OF COLORADO AT COLORADO SPRINGS



MASTER'S IN SPORTS NUTRITION *BETH-EL COLLEGE OF NURSING & HEALTH SCIENCES*

PROGRAM SPECIFICS

The Master's of Science degree in Sport Nutrition is designed to prepare registered dietitians (RD) or nationally/internationally recognized nutritionists for advanced study in nutrition for exercise and sport. Non-RD students with a strong dual background in Exercise science and nutrition are also eligible to apply.

Graduates are prepared to take leadership roles in providing nutrition programs to athletic and active communities world-wide. This program will prepare U.S. students for the Board Certified Specialist in Sports Dietetics (CSSD) and provide training and mentorship for International students interested in establishing international programs.

PROGRAM OBJECTIVE

The objective is to provide students the learning experiences that encompass the scientific and practical principles of nutrition for exercise and sport. Students acquire the knowledge and skill necessary for evidence-based applications and competencies of sports dietitians and nutritionists, working with athletes and active individuals in a variety of settings around the world. Both **thesis** and **non-thesis** tracks are available.

ADMISSION REQUIREMENTS

- Bachelor degree from accredited four year college or university
- **One** of the following:
 - Registered Dietitian exam or RD eligible
 - Nationally recognized nutrition degree
 - Strong background in exercise science, nutrition, or related field
- Undergraduate cumulative GPA of 3.0 or above
- Undergraduate major GPA of 3.0 or above
- Applicants must submit Parts I & II of the UCCS Graduate Application Form
- Signed in-state tuition form
- Three letters of reference
- Selective service form (if applicable)
- Two copies of all OFFICIAL transcripts
- Application fee of \$60
- Completion of GRE (scores must be submitted to UCCS)
- TOEFL test required for international students

EMPHASIS AREAS

- Sports Dietetics/Sports Nutrition
- Exercise/Health Promotion

MASTER'S IN SPORTS NUTRITION

PROGRAM COURSEWORK

Health Science Requirements, 7 total credits

HSCI 601 Graduate Seminar (1 credit)
HSCI 702 Research Methods (3 credits)
HSCI 703 Statistics (3 credits)

Thesis/Project/Comprehensive Exam Requirements, 3-6 total credits

HSCI 700 Thesis (6 credits)
OR
HSCI 609 Graduate Research Project/Seminar (3 credits)
HSCI 615 Health Science Internship - Sport Nutrition (3 credits)
OR
HSCI 999 Candidate for Degree - Comprehensive/Competency Exam (0 credits)
HSCI 615 Health Science Internship - Sport Nutrition (3 credits)

Sport Nutrition Requirements, 13 total credits

BIOL 580 Advanced Exercise Physiology (3 credits)
OR
BIOL 579 Laboratory Methods in Exercise Physiology (3 credits)
HSCI 604 Advanced Behavior Change (3 credits)
HSCI 506 Sport Nutrition (3 credits)
HSCI xxx Clinical Sport Nutrition and Research (4/lab credits)

Suggested Sport Nutrition Electives, 7-10 total credits

HSCI 615 Health Science Internship - Sport Nutrition (3 credits)
HSCI 606 Assessing and Planning for Health Promotion (3 credits)
HSCI xxx Evaluation and Administration of Health Programs (3 credits)
HSCI xxx Nutrition and Health for Women (3 credits)
HSCI 503 Sport Specific Training Principles and Techniques (3 credits)
HSCI xxx Food, Culture, Community, and Health (3 credits)
HSCI xxx Dietary Supplements (3 credits)
HSCI xxx Special Topics in Health Sciences - Exercise/Sport Nutrition – 1 credit
BIOL 555 Biomechanics/Kinesiology (3 credits)

ABOUT COLORADO SPRINGS

Located south of Denver and situated at the base of Pikes Peak, Colorado Springs is the headquarters of numerous sports organizations such as the:

- U.S. Olympic Committee
- U.S. Olympic Training Center
- National Strength & Conditioning Association

